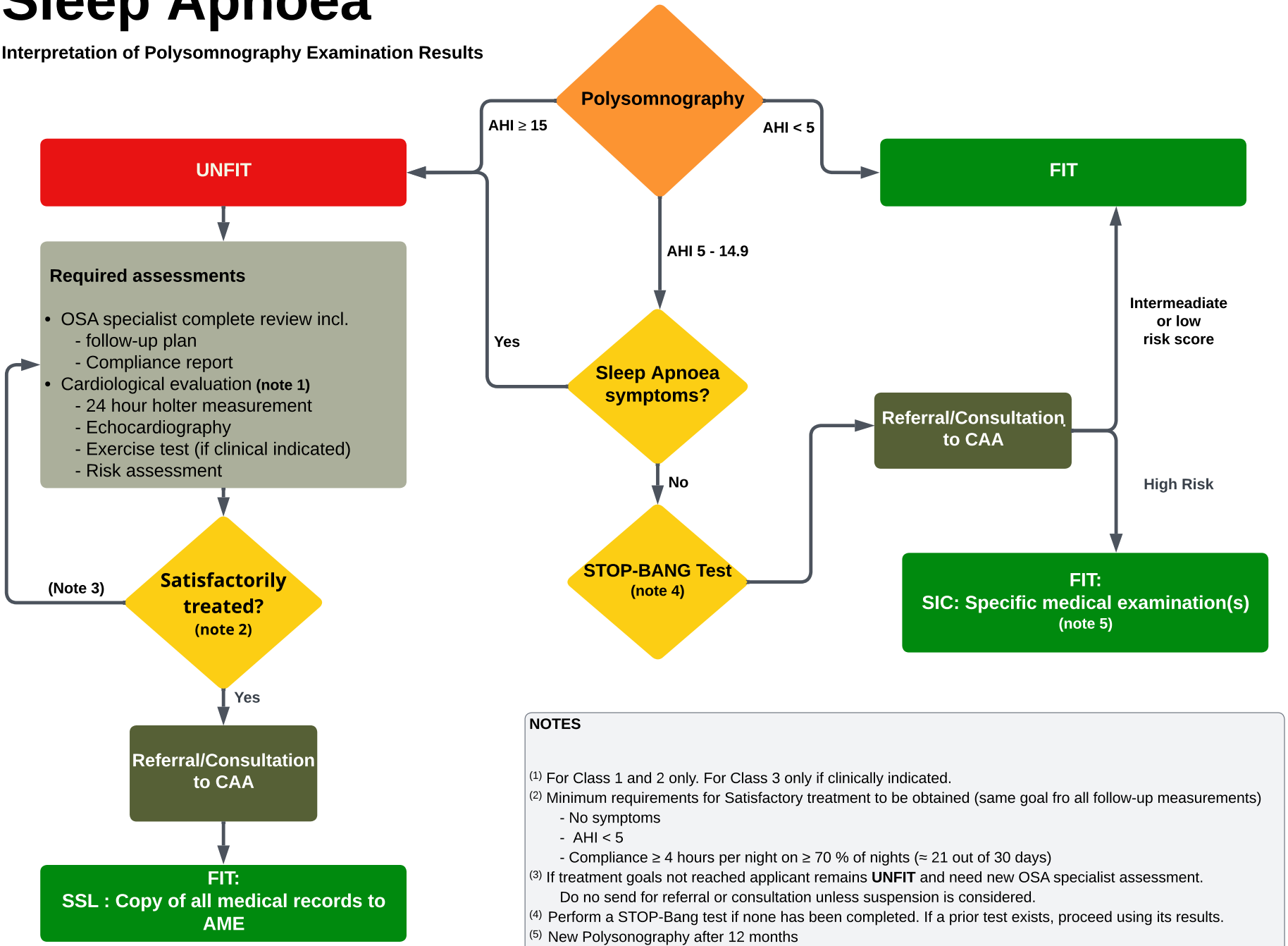
MEDICAL GUIDANCE FLOWCHART Class: 1 2 3

Trafikstyrelsen
Danish Civil Aviation and Railway Authority

Sleep Apnoea

Interpretation of Polysomnography Examination Results



NOTES

(1) For Class 1 and 2 only. For Class 3 only if clinically indicated.
(2) Minimum requirements for Satisfactory treatment to be obtained (same goal fro all follow-up measurements)
- No symptoms
- AHI < 5
- Compliance ≥ 4 hours per night on ≥ 70 % of nights (≈ 21 out of 30 days)

(3) If treatment goals not reached applicant remains **UNFIT** and need new OSA specialist assessment.
Do no send for referral or consultation unless suspension is considered.
(4) Perform a STOP-Bang test if none has been completed. If a prior test exists, proceed using its results.
(5) New Polysonography after 12 months

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